



**Roy Griak Cross Country Invitational  
Saturday, September 26, 2009**

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**Race Times**

9:00 a.m. Women's Maroon III (Division III) Competition  
9:45 a.m. Women's Maroon II (Division II) Competition  
10:30 a.m. Men's Maroon III (Division III) Competition  
11:20 a.m. Men's Maroon II (Division II) Competition  
12:10 p.m. Men's Gold (Division I) Competition  
12:55 p.m. Jack Johnson Women's Gold (Division I) Competition  
1:25 p.m. Goldy's Kids Race  
1:40 p.m. Larry Zirgibel's High School Boys (Gold)  
2:25 p.m. High School Girls (Gold)  
3:10 p.m. High School Boys (Maroon)  
3:55 p.m. High School Girls (Maroon)

**IF YOU HAVE ANY CHANGES TO YOUR ROSTER – PLEASE FILL OUT A CHANGE FORM WHEN YOU PICK-UP YOUR PACKET.**

- **Team Vans: Parking will be at the Gibbs Farm Lot and Robbie Soccer Stadium. Go 1 block east of the course – take a left - enter parking lot for Gibbs Farm/Soccer Stadium. Back up location remaining spots in Golf Course Main Lot.**
- **Team Busses: Parking will be in Parking Lot 55 on the St. Paul Campus. Drop team off at the golf course. Continue West on Larpenteur Ave. – take a left on Eustis St.; left on Como Ave. – right into Gate 24 for Lot 55.**
- **Ticket price is: \$5.00 for adults and \$2.00 for students.**
- Please have your team stay off the greens. No team tents on fairways.
- Coaches meetings at the awards stand: 8:30 a.m. ...Div II, III and NAIA
- Wear bib numbers on front.
- The National Anthem will be sung at 8:50 a.m., 11:50 a.m. and 1:20 p.m.
- The course is clearly marked in alleys – White – 6K; White 5K; White 8K.
- Display clocks at 1K, mile and 3K for the Women's and High School Races.
- Display clocks at the 1K, mile, 3K and 5K for the Men's Races.
- Please have runners run over the chip mats—keep moving through the chute to the back.

- Coaches return the chips to the Chip Return tent. There will be a \$30.00/lost chip charge.

- **Awards Presentation Times:**

|            |                                   |
|------------|-----------------------------------|
| 9:50a.m.   | Women's Maroon III                |
| 10:35 a.m. | Women's Maroon II                 |
| 11:30 a.m. | Men's Maroon III                  |
| 12:15 p.m. | Men's Maroon II                   |
| 1:25 p.m.  | Men's Gold                        |
| 2:05 p.m.  | Women's Gold                      |
| 3:15 p.m.  | High School – Boys & Girls Gold   |
| 4:40 p.m.  | High School – Boys & Girls Maroon |

- **Please be on time for the award presentation; we are on a VERY tight time schedule.**

- Awards to top 20 individuals, and the top three teams in each division.

- Award to top 7 of the winning team.

- Top Individual in each Division - Special Trophy

- Unofficial results will be posted on the Awards Stand board, available as soon as they are tallied and recorded. Official results will be produced and available in Driving Range Building. You will also be able to obtain official results at [www.gophersports.com](http://www.gophersports.com).

- Please use your hotel rooms to dress. Shower facilities will be provided at Ridder Arena. Directions will be provided in the packets.  
**BRING YOUR OWN TOWELS!!! NO TOWELS WILL BE AVAILABLE.**

**The 25<sup>th</sup> Running of 2010 Roy Griak Invitational will take place on September 25, 2010.**

**Note: The High School races will start at 9:00 a.m. and the Division III/II College Races will start at 1:40 p.m.**